

Growing Spiritually as an Elder

Covenant Prayers

Disciples Pray

A prayer covenant is an agreement that a group makes to be in a particular type of prayer together at a certain time or in a certain way over a period of time. Below are some examples. Use the gifts and availability of your own Elders to discern what type of covenant God may call you towards together.

- 1) Agree to hold up one another in prayer at a certain fixed time each day. For example, at noon each day, stop what you are doing and pray for each member of your group by name. You might agree to do this several times a day during a period of transition or deep prayer need, or you might choose to do this weekly. You might also divide the days of the week and agree for one person to pray for a specified amount of time for the group on each day.
- 2) Agree to hold up a situation in prayer each day. Check in half way through the week with each other to remind each other gently to pray and to celebrate your covenant with one another. You can do this via email for those “on-line” or with a phone tree where each one calls one on an appointed day or when someone starts the chain.
- 3) Agree to pray each time you do a certain task. For example, one group I know prayed each time they boarded a bus or got into a car for the safety of each group member by name. Another group prayed each time they washed dishes for the cleansing love of Jesus for each group member by name.
- 4) Agree to pray for one member of the group between meetings. Write each persons’ names on a slip of paper and draw them out. Take yours home without sharing who it is and reveal your secret prayer partner the next meeting OR meet for just a few minutes to learn from the person whose slip you have received what special needs for prayer they might have this week.
- 5) You might have a prayer vigil as a group, signing up for times of prayer and calling each other when the next person’s turn begins. This can be done in increments of 1/2 hour to 2 hours per turn. Use the wisdom of your group to set the times.