

Finger Labyrinth Collection

Crocheted Spiral Finger Labyrinth

This little spiral finger labyrinth can be finished simply, as shown, or the beginning (or is it the end?) of its path might be ornamented with a charm, tassel or loop. Worked in kitchen cotton yarn, it may serve as a spa washcloth or coaster for your teapot when it's not on duty as a finger labyrinth.

A very helpful video demonstration for starting a two-color spiral with an adjustable ring may be found at <https://youtu.be/JqSkkRcH-HA>.

Materials:

Worsted cotton yarn:

1 ball Color A and 1 ball Color B

G hook

3 stitch markers

Abbreviations and other notes:

SC: Single crochet

HDC: Half double crochet

DC: Double crochet

2DC: 2 double crochet in same stitch

St, Sts: Stitch, stitches

Adjustable ring: See video demonstration noted above.

DC in back loop: Insert hook not under both loops of stitch below, but under the back loop only. This creates the defined "curb" of the spiral labyrinth's path.

Round 1: With Color A, make adjustable ring. In adjustable ring, work [CH 1, SC, HDC, 2DC]. Place marker. Remove hook. Now join Color B: put a slipknot on the hook and work in same adjustable ring [CH 1, SC, HDC, 2DC]. Place marker. Do not remove hook. Draw ring closed. 8 sts.

Round 2: With Color B on hook, 2DC in back loop of the four sts of Color A in row below (that is, SC, HDC, 2DC). Place marker, remove hook. With Color A, 2DC 2 in back loop of the four sts of Color B in row below. Place marker. Do not remove hook. 16 sts.

Round 3: With Color A on hook, [2DC in back loop of each st] 8 times. Place marker. Remove hook. With Color B, [2DC in back loop of each st] 8 times. Place marker. Do not remove hook. 32 sts.

Round 4: With Color B on hook, [2DC in back loop of next st, DC in back loop of next st] 8 times. Place marker. Remove hook. With Color A, [2DC in back loop of next st, DC in back loop of next st] 8 times. Place marker. Do not remove hook. 48 sts.

Round 5: With Color A on hook, [2DC in back loop of next st, DC in back loop of next 3 sts] 6 times. Place marker. Remove hook. With Color B, [2DC in back loop of next st, DC in back loop of next 3 sts] 6 times. Place marker. Do not remove hook. 60 sts.

Round 6: With Color B on hook, [2DC in back loop of next st, DC in back loop of next 5 sts] 5 times. Place marker. Remove hook. With Color A, [2DC in back loop of next st, DC in back loop of next 5 sts] 5 times. 70 sts.

End: You might choose to finish by simply tying off the last st of each color, or chain 2 and attach a charm to the last st of each color, or whatever else feels right. In any case, weave in the ends securely.

*Disciples Women - Christian Church (Disciples of Christ)
Thanks to our sisters of the ELCA for sharing resources.*